

## SLING SIZE ASSESSMENT GUIDE

STANDARD SLING RANGE			
GIRTH	HEIGHT	SLING SIZE	COLOUR
17" - 21 " 43 cm - 53 cm	2' 8" - 3' 3" 81cm - 99cm	XXX SMALL	BLUE STRIPED
19" - 25" 48cm - 63cm	3' 3" - 3' 9" 99cm - 114cm	XX SMALL	PURPLE
24" - 30" 61cm - 76cm	3' 9" - 4' 4" 114cm - 132cm	X SMALL	BROWN
27" - 36" 68cm - 91cm	4' 3" - 4' 11" 129cm - 150cm	SMALL	RED
31" - 41" 79cm - 104cm	4' 10" - 5' 6" 147cm - 168cm	MEDIUM	YELLOW
40" - 51" 102cm - 129cm	5' 5" - 5' 10" 165cm - 178cm	LARGE	GREEN
49" - 59" 124cm - 150cm	5' 7" - 6' 170cm - 183cm	X LARGE	BLUE
58" - 69" 147cm - 175cm	5' 7" - 6' 4" 170cm - 193cm	XX LARGE	BLACK

PAEDIATRIC SLING RANGE			
GIRTH	HEIGHT	SLING SIZE	COLOUR
17" - 21 " 43cm - 53cm	32" - 39" 81cm - 99cm	UNDER 4	BLUE STRIPED
19" - 25" 48cm - 63cm	39" - 45" 99cm - 114cm	4 - 6 YEARS	RED STRIPED
24" - 30" 61cm - 76cm	45" - 52" 114cm - 132cm	6 - 10 YEARS	YELLOW STRIPED
27" - 36" 68cm - 91cm	51" - 59" 129cm - 150cm	10 - 14 YEARS	GREEN STRIPED

### USING THE GUIDE

Choosing the right sling is of vital importance. This ensures that patient comfort and safety are adhered to at all times. Mackworth Healthcare Ltd recommend that a full risk assessment is completed by a qualified professional in order to determine that the correct sling and size is suitable for each individual.

**This size chart is intended as a guide only.** Other factors such as patient disabilities, weight distribution and individual characteristics will also determine the appropriate size sling for your patient. All of our slings have colour coded binding to help identify the sling size.

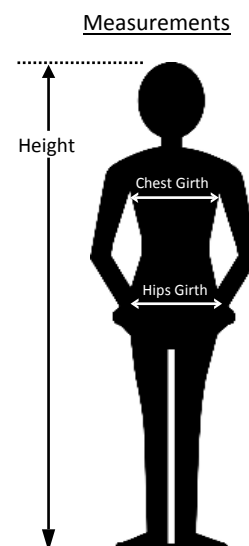
### TAKING THE MEASUREMENTS

Using a soft, flexible measuring tape, take and record the measurements suggested below:

**GIRTH** - For men and children this is the measurement around the chest, measured just under the arms. For women, this is measured around the hips. These measurements can either be taken lying down or in a seated position.

**HEIGHT** - For accuracy, this is best carried out with the patient in a lying position. If measured in sections i.e. nape of neck to coccyx and coccyx to back of knee etc, the resulting measurements almost always end up with the patient being taller than they actually are.

Once the girth and height is recorded, please refer to the above chart to determine the correct sling size for your patient. If in doubt, please seek advice from your clinician or call our Customer Service Dept. on the number below.



**For assistance please contact our Customer Service Department on +44 (0)800 779 7218. Alternatively you can visit our website at [www.mackworth-healthcare.com](http://www.mackworth-healthcare.com) or email us at [sales@mackworth-healthcare.com](mailto:sales@mackworth-healthcare.com)**

